

DR. JUDITH A. BLACK

LICENSED PROFESSIONAL COUNSELOR (LPC)
LICENSED CLINICAL MENTAL HEALTH COUNSELOR (LCMHC)
APPROVED LICENSED PROFESSIONAL SUPERVISOR (ALPS)
BOARD CERTIFIED - NATIONAL CERTIFIED COUNSELOR (NCC)
BOARD CERTIFIED TELEMENTAL HEALTH PROVIDER (BC-TMH)
CERTIFIED CLINICAL TRAUMA PROFESSIONAL (CCTP)
CLINICAL MILITARY COUNSELOR CERTIFIED (CMCC)
CERTIFIED COMPASSION FATIGUE PROFESSIONAL (CCFP)
DIALECTICAL BEHAVIORAL THERAPIST (DBT)
COGNITIVE BEHAVIORAL THERAPIST (CBT)
driude@wvcounseling.com | 910-689-7100
drjudeblack.com | e-therapycave.com | wvcounseling.com

PROFILE

Dr. Black is an effective motivator, communicator, and advocate with inherent capacity to manage diverse personalities, diffuse stressful situations, and proactively resolve issues and meet challenging goals and objectives.

Drawing from multicultural considerations, she has a demonstrated track record of success both domestic and internationally as a clinician, businesswoman, and public speaker. She has been featured in *Elle Magazine*, *MTVNews*, *Modern Loss*, *Refinery 29*, and *Military Times*. She can often be found supporting the troops and speaking at the Pentagon about Toxic Leadership.

Dr. Black has successfully organized numerous social, professional, and military events involving in excess of 200 volunteers and 900+ participants. She has orchestrated and chaired committees for private, non-profit, and government sectors and lectured for various causes. Her impeccable work standards, infectious energy, relentless empathy, and integrity have culminated strong international and nationwide relationships.

Dr. Black's passionate commitment to build relationships and promote growth is evidenced by her resiliency, flexibility, and ability to think "outside the box". Her focus in the luxury auctionSM platform exudes the same levels of discretion, professionalism, and expertise in working with luxury real estate professionals and high net-worth clientele.

Professional Highlights:

- Testified before Maryland's Senate in support of Senate Bill 44, an Act concerning occupational and professional licensing- Military Training and Military Spouses. **Dr. Black's testimony was key in establishing a National Standard for Military Credentialing and Licensing Policy and constructing the Veterans Full Employment Act of 2013 in the state of Maryland.**
- Conducted the groundbreaking study and generated phenomenological data regarding The Impact of Army Officer's Toxic Leadership as Experienced by Army Spouses.

TRANSFERABLE SKILLS

Communication:

I've worked with clients and colleagues from diverse backgrounds and am familiar with different characters, cultures and behavioral traits. Integrating multicultural considerations led to overcoming barriers thus facilitating the ability to establish solid relationships. My writing is confident, clear and effective and can be tailored to diverse audiences. My passion and enthusiasm for helping others find peace is evident in all areas of communication.

Problem Solving:

Exceptional problem-solving and analytical skills are vital in any position, especially in the complex, challenging and dynamic role of counseling. I pay meticulous attention to detail and can assess a situation, look for numerous viewpoints, explore for more information, and address key issues to ensure I derive alternative solutions, accurate assessments, ethical practices, and efficient problem solving.

TRANSFERABLE SKILLS (CON'T)

Leadership:

Management is about character and valuing the people you work with. I'm a flexible, team oriented, goal driven leader who is professional and approachable. I train and supervise my volunteers and other individuals to reach their full potential and involve them in the decision-making process to inspire confidence and assist with their development. I believe leadership is about mentoring, coaching, and leading.

Organization:

I am a productive team member who works hard to achieve common targets; I am driven to exceed standards, work independently, self-motivate, and consult when necessary. An exemplary planner, I have excellent time management skills and can complete concurrent projects with ease and confidence. I am concise, and detail oriented with assessments, clinical intakes, and treatment plans.

EDUCATION

5/31/2015

Doctor of Philosophy | Counseling Studies

Harold Able School of Human Services, Capella University,
225 S. 6th Street, Minneapolis, Minnesota

- President's List, Summa Cum Laude; 4.0 GPA
- Emphasis is on military, trauma, and crisis.
- *Black, J.A. (2015). The Lived Experience of an Army Officer's Wife to an Army Commander's Toxic Leadership: A Phenomenological Study. UMI Number: 3706180*

09/30/2010

Master of Science | Clinical Mental Health Counseling (CACREP Accredited)

Harold Able School of Human Services, Capella University,
225 S. 6th Street, Minneapolis, Minnesota

- Graduated with Honors; 4.0 GPA
- *Integrative Project: Female College Students Who Self Harm: Trajectory Research*

10/31/2008

Post Baccalaureate Graduate Certificate | Professional Counseling

Harold Able School of Human Services, Capella University,
225 S. 6th Street, Minneapolis, Minnesota

12/19/1990

Bachelor of Science | Criminal Justice and Psychology

Fairmont State College;
1201 Locust Ave, Fairmont, WV



PROFESSIONAL LICENSES

Licensed Professional Counselor (LPC)

- Commonwealth of Virginia; #0701005401
 - Issued: 01/25/2013; Exp. 06/30/2021
- West Virginia Board of Examiners in Counseling; #2278
 - Issued 4/21/2017 Exp. 6/30/2021

Licensed Clinical Mental Health Counselor (LCMHC)

- North Carolina Board of LCMHCN; #8388
 - Issued: 09/06/2013; Exp. 06/30/2021

Licensed Professional Counselor Associate (LPCA)

- North Carolina Board of Licensed Professional Counselors; #A8388
 - Issued 12/10/2010

PROFESSIONAL CERTIFICATION

Board Certified Counselor | National Certified Counselor (NCC)

- National Board for Certified Counselors (NBCC); #275728 | Issued: 11/22/2010; Exp. 08/31/2021

Approved Licensed Professional Supervisor (ALPS)

- West Virginia Board of Examiners in Counseling | Issued 03/2020

Eye Movement Desensitization & Reprocessing Therapy (EMDR)

- The Department of the Army: EMDR levels I & II

Expert Level Certified Professional Life Coach Certified

- Expert Rating Global Certification

Board Certified Tele-Mental Health Provider (BC-TMH)

- Center for Credentialing and Education (CCE); #293 | Issued 5/31/2018; Exp. 5/31/2023

Certified Clinical Trauma Professional (CCTP)

- International Association of Trauma Professionals (IATP); #717227 | Issued 6/4/2018; Exp. 6/4/20

Clinical Military Counselor Certificate (CMCC)

- Telehealth Certification Institute, LLC | 4/3/2020

Certified Compassion Fatigue Professional (CCFP)

- Evergreen Certification | Certification Number: 561426 | 3/5/2022

Certified Traumatologist, Green

- Cross Academy of Traumatology

Certified Master Traumatologist

- Green Cross Academy of Traumatology

Certified Clinical Traumatologist

- Green Cross Academy of Traumatology

Certified Field Traumatologist

- Green Cross Academy of Traumatology

Certified Green Cross Facilitator

- Green Cross Academy of Traumatology

Certified Compassion Fatigue Therapist

- Green Cross Academy of Traumatology

Certified Compassion Fatigue Educator

- Green Cross Academy of Traumatology

Tricare Certified Mental Health Counselor

Heartsaver First Aid CPR AED

- American Heart Association | West Virginia University Hospital | Issued 6/11/2018

SOCIETY MEMBERSHIPS

- Green Cross Academy of Traumatology; 2020
- International Association of Trauma Professionals; 2018- present
- American Telemedicine Association; 2018-present
- Military Officers Association of America; 2015- present
- National Military Family Association; 2012
- EMDR International Association (EMDRIA); member; *2011 - present*
- American Creativity in Counseling (ACC); member #6266558; *2010- present*
- Cope Today- Mental Health Counseling- Volunteer Counselor: *2011- 2016*
- Give an Hour; Volunteer Counseling for Military: *2011- present*
- Association for Counselor Education and Supervision (ACES); *2010- present*
- Chi Sigma Iota (CSI; #646876); *2009- 2015*
- American Counseling Association (ACA; #6266558); *2008-present*
- North Carolina Counseling Association (NCCA); *2008-present*
- Association for Counselors and Educators in Government (ACEG); *2008- present*
- North Carolina Licensed Professional Counselors Association (NCLPCA); *2008- present*
- 82nd Airborne Wounded Warriors Association; *2007-2012*

AWARDS & HONORS

- **President's List**, Summa Cum Laude; 4.0 GPA, Harold Able School of Human Services, Capella University, May 31, 2015
- **President's List, Graduated with Honors**; 4.0 GPA, Harold Able School of Human Services, Capella University, October 31, 2008
- **Order of the Vivandieres**: Presented by the Military Police Regimental Association (MPRA) to spouses who voluntarily make significant contributions to the morale, welfare and spirit of Soldiers and family members of the Military Police Corps Regiment. **Dr. Black's service to the MPRA spans +25 years of volunteer service.** Awarded by Major General Mark Inch, The
- Awarded by Major General Mark Inch, The Provost Marshal General of the Army; Commanding General, United States Army Criminal Investigation Command and Army Corrections Command.
- **Department of the Army Certificate of Appreciation**: Family Readiness Group; 16th Military Police BDE; 65th Military Police Company
- **Department of the Army Certificate of Appreciation**: Fort Bragg Officer's Spouse Club
- **Department of the Army Certificate of Appreciation**: Family Readiness Group; 16th Military Police BDE; 503rd Military Police HHD
- **Department of the Army Certificate of Appreciation**: Fort Riley Spouses Club x2
- **Department of Defense Commander's Award for Public Service**: 937th Engineer Group; Fort Riley; COL Sharon; The Commander's Award for Public Service is the fourth highest honor the United States Department of the Army can bestow upon a civilian, ranking directly below the Outstanding Civilian Service Award. This award is given to recognize service or achievements that contribute significantly to the accomplishment of the mission of an Army activity, command, or staff agency. Commander's Award is comparable to the military Army Commendation Medal.
- **Department of the Army Certificate of Appreciation**: 300th Military Police Company
- **Department of Defense Commander's Award for Public Service**: Criminal Investigation Department; Hawaii Field Office; COL Haliz; The Commander's Award for Public Service is the fourth highest honor the United States Department of the Army can bestow upon a civilian, ranking directly below the Outstanding Civilian Service Award. This award is given to recognize service or achievements that contribute significantly to the accomplishment of the mission of an Army activity, command, or staff agency. Commander's Award is comparable to the military Army Commendation Medal.



AWARDS & HONORS (CON'T)

- **Certificate of Appreciation:** Therapeutic Alternatives: Leadership and Mentoring
- **Department of the Army Certificate of Appreciation:** Family Readiness Group: 16th MP BDE-HHD 503rd Military Police BN
- **Certificate of Appreciation:** Peace of Mind, Inc.; Dedication and Service
- **Department of Defense Commander's Award for Public Service:** 16th Military Police BDE; The Commander's Award for Public Service is the fourth highest honor the United States Department of the Army can bestow upon a civilian, ranking directly below the Outstanding Civilian Service Award. This award is given to recognize service or achievements that contribute significantly to the accomplishment of the mission of an Army activity, command, or staff agency. Commander's Award is comparable to the military Army Commendation Medal.

VOLUNTEER ACTIVITIES

February 2017 - current

Jones Investment Group | Ft. Leonardwood, MO

- Special Interest Board Member
- Advisor for Military and Veteran related issues.

2016 - 2017

Appointed Board Member for Currently Serving Spouse Advisory Council | Military Officers Association of America (MOAA) | Alexandria, VA

- MOAA is the nation's largest and most influential association of military officers. It is an independent, nonprofit, politically nonpartisan organization. MOAA's Currently Serving Spouse Advisory Council is a diverse group of active duty, National Guard and Reserve component spouses who represent the Army, Navy, Air Force, Marine Corps, Coast Guard, United States Public Health Service and National Oceanic and Atmospheric Administration.

2015-2017

Toxic Leadership Subject Matter Expert | Pentagon Chaplain's Office | Washington, DC

- Public speaker and clinical counselor focused on education and identifying effective coping skills for military members and families confronted with Toxic Leadership behaviors.

2010- Current

Licensed Professional Counselor | Give an Hour (GAH) | Washington, DC

- Pro Bono trauma & combat related issues counseling for active duty members and veterans.

2011 - 2015

Clinical Mental Health Distance Counselor, Licensed Professional Counselor | Cope Today | Raleigh, NC

- Provided safe, secure, convenient and ethical tele-mental health counseling for military members, veterans, and National Guard.

2008 - 2012

Board Member | 82nd ABN Wounded Warrior Foundation

September 1991 – April 2017

US Army Officer Spouse | Sr. Leader | United States Army

Nationwide | Worldwide

Dr. Black has over 25 years of volunteer and leadership experience within the military community.

- Served as a leader and resource for over 25 years.
- Family Readiness Group (FRG) Advisor, Leader, Member, Steering Committee member.
 - Supervised committees, groups and functions for FRG.
 - Supported the commander's family readiness goals.
 - Provided overall leadership of the FRG in accordance with AR 608-1, Appendix J;

VOLUNTEER ACTIVITIES (CON'T)

- Scheduled, planned, and conducted Family Readiness Group meetings.
 - Liaison between brigade, battalion and company level FRGs.
 - Coordinated administrative and logistical support with Family Readiness Group Deployment Assistant (FRGDA), Act
 - Served as FRG spokesperson for communicating family members' concerns and ideas to the battalion commander and brigade level FRG.
- Officer Wives/Spouses Club (member and various chair positions).
 - Welcoming committee, Hospitality Committee
 - Fund Raising Committee
 - Organized fundraiser that grossed in excess of 40K.
- Army Family Team Building (AFTB) facilitator and Instructor at US Army
 - Instructed the AFTB curriculum Levels II, III, & I as well as briefings and overviews.
- Army Community Services
- Red Cross (volunteer)
- Family Life (Reintegration volunteer)
- Casualty Assistance/Response Team
- USO (volunteer)

EXPERIENCE

August 2020 – Present

President, Co-Founder

Appalachian Trauma and Resiliency Center

Fairmont, WV

- Appalachian Trauma and Resiliency Center is devoted to providing training, counseling, and advocacy in the areas of trauma, crises, and disaster mental health for frontline workers, first responders, military, survivors and those interested in providing service to those populations.
- Serve as board member and facilitator for trainings and participate in crises response.

February 2019 – Present

President

Appalachian Life Enrichment Counseling Center LLC

Fairmont, WV

- Manage brand development; Web Design, designed Flyers, newsletters, and other promotional materials.
- Oversee outreach, develop marketing campaigns, foster relationships, and promote public recognition.
- Provide financial oversight of the company, monitor and enforce compliance and manage reporting.
- Serve as an effective spokesperson with individuals, organizations, and agencies.
- Provide intensive trauma therapy rooted in a Cognitive Behavioral Approach.

June 2017 – April 2019

Clinical Therapist

West Virginia University School of Medicine

Department of Behavioral Medicine and Psychiatry

Morgantown, West Virginia

- Conducted over 100 new patient assessments within the first 120 days. Identified three undiagnosed/misdiagnosed Traumatic Brain injury patients and shifted treatment model.



EXPERIENCE (CON'T)

- Facilitated private, exclusive contract for behavioral health services with a local assisted living and nursing home facility.
- Consistently exceeds targeted Relative Value Units (RVU).
- Administer psychosocial assessments of patients and families to identify emotional, social, and environmental strengths and problems related to their diagnosis, illness, treatment, and/or life situation.
- Formulate, develop, and implement a comprehensive psychosocial treatment plan utilizing appropriate clinical social work treatments and interventions.
- Applies interventions that may include crisis intervention, brief and long-term individual, marital, family and/or group therapies as well as grief and bereavement work.
- Screen, identify, diagnose, treat and manage mental health and/or substance abuse problems in patients and family members. Provide training to other health care professionals in same. May perform these functions independently or as part of a team.
- Screen, diagnose, manage and treat victims of abuse, neglect, domestic violence, rape, etc. Provide training to other health care professionals in same.
- Promote open communication with community agencies, local authorities, and various mental health entities to increase community relations and maintain the wellbeing of the consume.
- Participate in multi-disciplinary health care teams and provide leadership in representing clinical social work perspective/liaison with patient and family.
- Provide teaching and training for students, staff, and faculty from social work and other disciplines. Contribute to the academic mission of the medical center and health system by participating in academic activities such as committees, conferences, publications, teaching and research.
- Maintain knowledge of hospital, medical center and/or health system resources in addition to community resources to access and provide for patient care needs.
- Document assessment, plan, interactions, and interventions according to departmental, hospital and/or health system guidelines and standards.
- Attends and participates in staff, committee, department, and other administrative meetings.

*Dr. Black is one of the **first behavioral medicine** professionals to become immersed in a multidisciplinary team (MDT) for West Virginia University Medicine. In addition to Dr. Black, the team consists of medical doctors, physician assistants, midwives, clinical nurse specialists, community health nurses, social workers, medical secretaries, certified nursing assistants, phlebotomists, radiology technicians, and medical assistants.

April 2016 – Present

President

E-Therapy Café

Washington, DC | Fairmont, WV

- Oversee the development, implementation and monitoring of clinical and non-clinical procedures, protocols, performance, objectives, productivity benchmarks, compliance measures, provider workflow planning and provider scheduling activities.
- Provide vision, leadership and overall supervision for the clinical and non-clinical staff.
- Establish training modules and provide professional supervision necessary to build, operate, and maintain a high-functioning company.
- Provide financial oversight of the company, monitor and enforce compliance and manage reporting.
- Maintain up to date client files and records in the electronic health system.
- Serve as an effective spokesperson with individuals, organizations, and agencies.
- Oversee outreach, develop marketing campaigns, foster relationships, and promote public recognition.

EXPERIENCE (CON'T)

- Provide individual, direct support to a curated team of 10 Board Certified therapists (PhD or MA/MS level)
- Manage a private practice online caseload of 150+ clients.
- Managed brand development: Web Design, designed Flyers, newsletters, and other promotional materials.
- Target population: Veterans, College Students, Professional Women

January 2015- July 2017

Client Services Executive | Project Manager

Platinum Luxury Auctions

Miami, FL | Nationwide | Global

- Provided top-rate client experiences for high-net worth clientele and real estate professionals.
- Safeguarded client satisfaction and retention through the application of modern theories of relationship awareness, management, and leadership for high-net worth clientele and real estate professionals.
- Developed business goals and strategies to achieve maximum profitability and growth.
- Served as an effective spokesperson with affluent sellers, companies, and organizations.
- Developed and maintain relationships for high net-worth individuals and real estate professionals.
- Effectively executed services by continually staying connected with the client's needs, anticipating changes, and identifying potential challenges.
- Developed, maintained and updated standard project management processes.
- Facilitated discussions and consensus among project stakeholders.
- Developed, managed and reported on the status of project plans, including risks, schedules, and resources.
- Facilitated the luxury auction process for non-distressed million-dollar estates nationwide and established client relationships on a global level.

September 2013- Present

Licensed Therapist | Public Speaker | Advocate

Dr. Black consults, advises and speaks on the topics of leadership development and the impact of toxic leaders in addition to providing clinical MH services. She specializes in trauma, authenticity, and resiliency. Additionally, she has extensive training in Trauma, PTSD, and combat related issues.

July 2015 –February 2016

Chief Operating Officer

America's Career Force

Alexandria, VA | Nationwide | Global

- Focused on connecting businesses to qualified remote executives with specialized knowledge and skills to advance business goals.
- Worked in partnership with the CEO to create the strategic plan and implement new processes and approaches to make the CEO's vision a reality.
- Aimed to complement the CEO's experience, style, and knowledge base.
- Maintained continuous line of communication serving as an internal leader to direct and coach others through the business.
- Managed brand development; Designed Flyers, newsletters, and other promotional materials.
- Served as an effective spokesperson with individuals, organizations, and agencies.
- Supervised company messaging and public relations.
- Oversee outreach, develop marketing campaigns, foster relationships, and promote public recognition.



EXPERIENCE (CON'T)

- Managed and generated new business opportunities.
- Promoted a culture of high performance and continuous improvement.
- Supervised and fostered collaboration with national and local veteran-serving and civilian organizations and government agencies.

April 2014- March 2016

**Psychotherapist | Director of Relationships & Sr. Advisor | LPC | NCC
In Your Corner (formerly Pretty Padded Room), New York City, NY**

- Directed and led professional development for a curated team of clinicians and coaches.
- Used brief solution focused therapy, neuro-cognitive therapies, cognitive behavioral therapies, and psychotherapy (i.e. EMDR) to address issues related to type A personalities constructs, trauma, fear, anxiety, performance enhancement (i.e. athlete, musician, lecturer), and struggles to excel (i.e. sports, music, or career). Managed client relations, client development and client retention.
- Monitored and managed the virtual "Help Desk" to ensure high standards of care, ethical compliance, and adherence to company protocol.
- Led strategic relationship development for company growth
- Assisted with implementing internal protocol to increase performance efficacy.
- Designed Flyers, newsletters, and other promotional materials.
- Worked directly with the CEO and served as a liaison between clients, executive officers, contractors, and the public.
- Provided individual, direct support to a curated team of 20+ therapists (PhD or MA/MS level) and certified coaches while managing a private practice online caseload of 210+ clients.

February 2014- November 2014

**Neuro-Cognitive Therapist | LPC, NCC
Life Enrichment Counseling Center, Gainesville, VA**

- Focused and implemented research-based practices for the treatment of trauma, including PTSD and combat stress, childhood sexual abuse and domestic violence, sexual assault, and natural disasters.
- Specialization concentrated on Type A personalities specific to the military culture, first responder lifestyles, and the business executive realm.
- Used brief solution focused therapy, neuro-cognitive therapies, and psychotherapy (i.e. EMDR) to address issues related to type A personalities constructs, trauma, fear, anxiety, performance enhancement (i.e. athlete, musician, lecturer), and struggles to excel (i.e. sports, music, or career)

January 2010 – January 2015

**Neurocognitive Trauma Therapist | LPC, NCC
Peace of Mind, Inc.; Lillington, NC**

- Contributed to the development, implementation and monitoring of clinical and non-clinical procedures, protocols, performance, objectives, productivity benchmarks, compliance measures, and provider scheduling activities.
- Developed and implemented outreach programs within the community to meet mental health needs.
- Provided comprehensive individual, couples, and family research-based practices for those experiencing trauma, including PTSD and combat stress, childhood sexual abuse and domestic violence; sexual assault, natural disasters, and those in the helping field professionals who have been touched by witnessing events with a traumatic ending.
- Conducted individualized bio-psychosocial interview; develop a treatment plan based on the unique needs of the client, document weekly progress notes.
- Served as spokesperson with individuals, organizations, and agencies.

EXPERIENCE (CON'T)

- Implimented EMDR therapy
- Utilized Evidence-Based Therapeutic Approach: Neuro-Cognitive Therapy, Cognitive Behavioral Therapy, Cognitive Processing Therapy, Trauma Focused- Cognitive Behavioral Therapy, Solution Focused Therapy, Wellness & Contemporary Therapy with strong integration of multicultural considerations.
- Consulted 2012-2015

January 2012 – January 2014

Director of Business Development | Project Manager

DeCaro Luxury Real Estate Auctions International.; Naples, FL.

- Established a personal database of over 2K prospects and alliances.
- Safeguarded client satisfaction and retention through the application of modern theories of relationship awareness, management, and leadership for high-net worth clientele and real estate professionals.
- Developed business goals and strategies to achieve maximum profitability and growth.
- Served as an effective spokesperson with affluent sellers, companies, and organizations.
- Developed and maintained relationships for high net-worth individuals and real estate professionals.
- Effectively executed services by continually staying connected with the client's needs, anticipating changes, and identifying potential challenges.
- Developed, maintained and updated standard project management processes.
- Designed Flyers, newsletters, and other promotional materials.
- Facilitated discussions and consensus among project stakeholders.
- Developed, managed and reported on the status of project plans, including risks, schedules, and resources.
- Responsible for the successful procurement, initiation, planning, design, execution, monitoring, controlling and closure of multi-million-dollar estate listings.

April 2010- September 2010

Graduate Clinical Counseling Intern

Peace of Mind, Inc.; Lillington, NC | Supervisor: Molly VanDuser MS, Eds, LPC

- Managed complete coordination of care: Intake processes conduct complete bio-psycho-social assessment; develop a treatment plan in collaboration with the client based upon their specified needs and goals.
- Provided comprehensive counseling services inclusive of goal progression, evaluation of symptoms and focus on immediate objectives.
- Maintained center emphasis and specialization in trauma related counseling, military adjustment issues and violence prevention.
- Utilized therapeutic approaches such as: Cognitive Behavioral Therapy, Cognitive Processing Therapy, Trauma Focused- Cognitive Behavioral Therapy, Psycho-Social Approaches, Solution Focused Therapy, & Contemporary Therapy with strong integration of multicultural considerations.

January 2010 - March 2010

Graduate Clinical Counseling Intern

Therapeutic Alternatives Inc.; Asheboro, NC | Supervisor: Jeff McKay MSW, LCSW

- Utilized and strengthened clinical skills in interviewing, assessment, intervention, documentation, and consultation in the crisis.
- Facilitated field dispatch for approx. 15 crisis counselors in over 13 counties



EXPERIENCE (CON'T)

- Maintained data records: track incoming crises calls, coordinate triage responses, determine effective and appropriate level of care for those incurring mental health and substance abuse related issues
- Prepared continued educational data relative to crisis work and disseminate to mobile crisis workers
- Ensure high ethical standards are met and comply with state, national and company regulations.
- Maintained open communication with agency, colleagues, peers, local authorities, and various mental health agencies to increase community relations and maintain the wellbeing of the consumers

January 2009 – November 2010

Mobile Crisis Counselor/Clinical Dispatcher

Therapeutic Alternatives Inc.; Ashboro, NC

- Administered support, services and treatment necessary to provide integrated crisis response, crisis stabilization interventions, and crisis prevention activities.
- Provided immediate evaluation, triage and access to acute mental health, developmental disabilities, and/or substance abuse services, treatment, and supports to effect symptom reduction, harm reduction, and/or to safely transition persons in acute crises to appropriate crisis stabilization and detoxification supports/services.
- Managed documentation inclusive but not limited to: Mobile Crisis Assessment, Crisis Plan, Medicaid checks, LME authorizations, and client database entries.
- Identified suicidal impulses, triggers, substance abuse, environmental factors and problems as a result of domestic violence, educational dilemmas, stress management, problems with self-esteem, problems with communication, issues associated with impulse reduction, adjustment issues, reintegration, marital discord, family conflict and over all mental wellbeing.
- Provided clinical support, guidance, and consultation to mobile crisis counselors in the field.
- Established and maintained strong working relationship with magistrates, law enforcement, justice departments, and social service departments.
- Served as spokesperson with individuals, organizations, and agencies.

August 2005 – April 2008

Substitute Teacher

State of Hawaii Department of Education; Wahiawa, HI

- Provided intermittent instruction for all classes; focused on Special Education (SPED).
- Implementation of cognitive behavioral approaches and adherence to Individual Education Planning (IEP guidelines).
- Initiated behavioral intervention techniques as needed in the classroom and applied appropriate behavior modification techniques.

September 2003 – May 2005

Intermittent Teacher

Department of Defense; Seoul, Korea

- Assisted in the development and implementation of the SPED program for all levels from mild to severe including learning disabilities, mental retardation, and autism spectrum ensuring guidelines and regulations were met.
- Utilized crisis intervention and behavior modification with direct and action-oriented approach that focused on empowering the clients to deal externally with the crisis and find inner resources for resolution.
- Provided after action reports following the crisis; developed strategies to reduce crises, created stabilization plans and obtained commitments to address future issues if necessary.

EXPERIENCE (CON'T)

September 2001 – May 2002

Activities Therapist

Prison Health Services; Kansas State Correctional Facility for Men; Lansing, KS

- Organized and facilitated individual and group sessions in anger management, stress management and life skills.
- Conducted stress therapy, music therapy and art therapy.
- Applied daily behavioral and crisis interventions when addressing the needs of moderate to severe psychosis with convicted felons.
- Contributed to the development of weekly care plans and maintain daily records of inmate interaction and progress notes.

ADDITIONAL TRAININGS/CERTIFICATES

- Training & Certificate Army Family Team Building Level I- 8 contact hrs.
- Training & Certificate Army Family Team Building Level II: 17 contact hrs.
- Training & Certificate Army Family Team Building Level III: 13 contact hrs.
- Certification - American Red Cross CPR/First Aid (01/01/2009; 04/01/2010)
American Red Cross certification, Randolph Co., NC (code: HSSFA415:8.5 contact hour;0.9 CEU)
- Training - Person Centered Thinking (03/01/2009; 04/2010)
In depth analysis of the Person Centered Thinking Approach. Understanding the needs of the individuals being served and the most effective means for a positive outcome (12 contact hours; 1.2 CEUs)
- Training - CITI; Collaborative Institutional Training # 2710582 (04/12/2009)
Ethical guidelines when conducting human research (12 modules; 6 credits)
- Training - Involuntary Commitment (02/01/2009; 05/2010)
Training and insight provided for the protocol on Involuntary Commitments by the State of NC
- Training - Mobile Crisis Documentation (01/01/2009)
NC documentation guidelines for crisis plans and assessment administration in mobile crisis responses.
- Training - Documentation: Doing it Write (05/01/2009)
- Training to develop and construct concise Person Centered Plans & educate on laws of NC DHHS
- Training - NC Interventions I & II (01/01/2009; 05/2010; 1.4 ceus)
Increasing knowledge of changing policies and community support resources/interventions for the DD/SA/MH populations in North Carolina
- Training - Crisis: Substance Abuse & MH Professional Counsel. (12/01/2008)
UNC-Chapel Hill; Interventions and assessments for individuals experiencing MH or SA related crisis
- Training - U.S. Army Command & General Staff College Team (36 contact hours; 04/01/2009)
Pre-Command Course for LTC offer additional training and seminars for spouses. Inclusive of team building, resources, trauma, casualty assistance, and public relations.
- Training - Mobile Crisis State of NC (01/01/2009)
North Carolina requires training for mental health professional in order to function as a mobile crisis qualified professional (QP)
- Training and Certification: Defensive Driving (01//09; 04/10)
- Training and Certificate: OSHA (01/09; 04/10)
OSHA guidelines and requirements for health professionals.
- Training – Client Rights (01/09; 04/10) Education and policy concerning DD/MH/SA population.



ADDITIONAL TRAININGS/CERTIFICATES (CON'T)

- Training - Community Support State of NC (01/2009)
20 hours of required training for community support qualifications in state of NC.
- Training & Certificate: Child Abuse Webinar, "Raising Awareness of Child Abuse" National Center for Child Traumatic Stress (1.5 CEU); 3/6/2010
- Training and Certificate: Child Abuse Webinar, "Caring for Kids: What Parents Need to Know about Sexual Abuse" National Center for Child Traumatic Stress (1.5 CEU); 3/6/2010
- Training and Certificate: Motivational Interviewing (6.0 contact hours); PESI, W. Matulich; 5/2010
- Training and Certificate: PTSD 101, Cognitive Behavioral Interventions for PTSD VA Employee Education System (1 CEU); 5/15/2010
- Training & Certificate: Disaster Mental Health Intervention Web-Flash On-Line Training from Project P-Flash/ Essential Learning (6 CEUs); 5/22/2010
- Training & Certificate: Helping Children and Adolescents Cope with Violence and Disaster Essential Learning (1 CEU); 5/22/2010
- Training & Certificate: PTSD 101- Neurobiology & Pharmacology for PTSD VA Employee Education System (1 CEU); 05/25/2010
- Training and Certification: ASIST (Applied Suicide Intervention Skills Training) LivingWorks, Fort Bragg, NC (15 CEUs); 11/8/10; 11/9/2010
- Training and Certificate: Treating the Invisible Wounds of War Series: Part 1 - Posttraumatic Stress Disorder; The Greensboro Area Health Education Center (3.0 Contact Hours, NBCC Provider #5470)
- Training & Certificate: Army Community Services- Mentor Training; 1/13/2010 (1 ceu)
- Training & Certificate: Army Community Services- Critical Incident and Response Training; 2/15/2010 (1 ceu)
- Training & Certificate: Army Community Services- Spouse Battle Mind Training; 1/16/2010 (1 ceu)
- Training and Certificate: The Department of the Army: EMDR I & II; 3/7/11- 3/11/11 (35 ceu; NBCC Provider: 5643)
- Training: Ready Minds- Who Can Perform Distance Counseling? 3/23/2011 (3 ceu; NBCC Provider: 5949)
- Training & Certificate: Complex Trauma; National Child Traumatic Stress Network (NCTSN) ; 5/17/11 (1.5 contact hrs)
- Training and Certificate: Culture & Trauma I & II; National Child Traumatic Stress Network (NCTSN) ; 5/17/11 (1.5 contact hrs)
- Training & Certificate: Team Building and Conflict Resolution; Department of the Army; 6/2/2011 (2 contact hours)
- Training & Certificate: Team Building and Conflict Resolution; Department of the Army; 6/2/2011 (2 contact hours)
- Education: Moral Ethics and Moral Obligations: United States Naval War College; 10/11-1/12 (40 hours)
- Training and Certificate: Trauma Focused CBT; 10 contact hours; Medical University of SC (MUSC); Approval-SC Board of LPC (SWCE090364PA/NASW-886453433); 3/31/12
- Training and Certificate: State of NC; Jurisprudence Exam; 5 contact hours; Ethics
- Training and Certificate: Human Research Curriculum Basic Course: 7260467; 10/4/12
- Certification: Expert Level Life Coach; 2016
- 2017 Substance Abuse Update CBL (1 contact hour; WVUMed) 9/26/17
- Veteran's Mental Health Learning Module (2 contact hours; WVUMed) 9/26/17
- Training and Certificate: Understanding TBI & the Whole Veteran; 4.5 contact hours; WVU Center for Excellence in Disabilities and TBI (Prov. 490044); 1/24/2018
- Neuroscience Certificate Course for Clinical Practice: Applying Neuroscience for the Treatment of Trauma, Anxiety and Stress Disorders (12.5 CEU; PESI, Inc., #1062) 3/20/18
- Board Certified-TeleMental Health Provider Training Courses 1-5; Telehealth Certification Institute, LLC (6 contact hours; ACEP No, 6693) 03/30/18 | Ethics & Supervision

ADDITIONAL TRAININGS/CERTIFICATES (CON'T)

- Board Certified-TeleMental Health Provider Training Courses 6-9; Telehealth Certification Institute, LLC (4 contact hours; ACEP No, 6693) 03/31/18 | Ethics & Supervision
- Abuse, Neglect, and Exploitation for Clinical Staff (5 contact hours; WVUMed); 4/4/18
- 2018 Veteran's Mental Health CBL (2 contact hours; WVUMed); 4/4/18 | Military Veteran
- HeartSaver First Aid CPR AED; American Heart Association | WVUMed | 6/11/2018
- 29th Annual WV Addiction Training Institute | WVU BMed & Psych; June 13-15, 2018; 15 CEUs | Ethics & Military Veteran
- Music & Counseling | American Counseling Association, July 30, 2018; 1 CEUs
- Dialectical Behavioral Therapist (DBT) | PESI, INC | Dr. Steve Girargeau | October 2018; 12.5 CEUs | Ethics & Supervision
- Cognitive Behavioral Therapist (CBT) Intensive | PESI, INC | 11/2018; 18 CEUs | Ethics & Supervision
- North Carolina LPC Jurisprudence | ContinuingEdCourse | 1/2019; 5CE | Ethics
- Cognitive Behavioral Therapy for Insomnia (Cbt-I): Evidence-Based Strategies To Help Your Client Sleep Better | February 2019; 6.25 CEUs
- Clinical Supervision: Proven Tools and Techniques for Success | Pesi, INC | February 15, 2019; 6.25 CE | Legal, Ethical and Professional Development
- The 10 Core Competencies of Trauma, PTSD, Grief and Loss | PESI INC | April 2, 2019; 6.25c CEUs
- Compassion Fatigue Credentialing Training | International Association of Trauma Professionals | May 2019; 7 CEUs
- Clinical Military Counselor Certificate (CMCC) | Telehealth Certification Institute, LLC/NBCC | ACEP No, 6693, 12 Hour Course | April 3, 2020
- IS-00100.c Introduction to Incident Command System, ICS-100 | Emergency Management Institute | FEMA | .20 IACET CEU | September 2020
- IS-00394.a Protecting Your Home or Small Business from Disaster | Emergency Management Institute | FEMA | 1.0 IACET CEU | September 2020
- IS-00700.b An Introduction to the National Incident Management System | Emergency Management Institute | FEMA | 1.0 IACET CEU | September 2020
- Compassion Fatigue Certification Training for Healthcare, Mental Health and Caring Professionals | PESI/Psychotherapy Network | 6.25 CEU | March 2021

LIFESTYLE

I am the wife of a retired Army Colonel, mother of three sons, daughter of two fabulous parents, sister, friend to many, liaison, advocate, mentor, leader for military spouses, counselor to those in crisis, and support and confidant for soldiers. Traveling with my family inspires, rejuvenates and gives me new ideas and a fresh perspective. I love to see new and exotic places, try diverse food and meet different people. I believe everyone has a story; my passion is hearing it. I have lived abroad and appreciate diversity and international relationships.

FUTURE GOAL

To be an effective professional whose expertise, passion and professionalism contribute to the field and increase the quality of life for those in need. To continue embracing new experiences, increase insight, and move forward. My dream is simple. I want to be the catalyst to spark courage; courage to connect the past with the present issues in order to facilitate resolution and hope for a better future.

DR. JUDITH BLACK LPC, LCMHC, ALPS, NCC, BC-TMH, CCTP, CMCC, CCFP



REFERENCES

"Dr. Black is an extraordinary leader who exemplifies the utmost level of personal and professional ethics in all of her endeavors. She has the ability to confidently work with all levels within an organization, from client services, to management, to top-level executives. She is approachable, professional and creative. Dr. Black is a talented therapist and gifted businesswoman. It is a joy to work with her"

- Amanda Rausch LMFT/ Clinical Experience Manager, Talk Space

"I worked with Jude through my clients - our mutual clients - and immediately felt that we were on the same team with the common goal to provide our client with professional, compassionate representation. It is rare that you meet someone on a large project with whom you feel comfortable immediately - we were fortunate to experience that with Jude and everyone on her team."

- Kim Swan, Broker/Owner, The Swan Agency Sotheby's International Realty

"Through the years, I have worked side-by-side with Jude Black on various real estate industry projects. As a Market Development Associate with DeCaro Auctions, Inc., I again have the pleasure of working with her. As the Market Development Director who I report to directly and work with daily, I have consistently witnessed Jude's conscientious commitment to clientele, her irreproachable sense of integrity, and her dedication to project success. She brings with her to any undertaking knowledge, skills, experience, and strength in character that allows her to connect with people of all ages and cultures. Being both personally and professionally associated with Jude, I highly recommend her for any venture."

- Josie Natchie, Marketing Development Associate | Luxury Real Estate Auction Professional, DeCaro Luxury Real Estate Auctions, Inc.,

"Since Jude came on board Peace of Mind, Inc., I have had the pleasure of seeing the successful results of her work in trauma and every other area in the counseling profession. Very knowledgeable regarding military and general population. She is a joy to work with, and a breath of fresh air in her approach to clients. They all love her and so do we. HIGHLY recommended."

- Mary Palmiter, Office Manager, Peace of Mind Inc.

"I had the pleasure of having Jude as a student at the Naval War College. She is thoughtful, consistently cheerful and engaged. She will be a supportive asset in any team lucky enough to have her."

- Martin Cook, Stockdale Professor of Professional Military Ethics, Naval War College

"Jude has an amazing ability to connect with clients and build rapport. She has the ability to adapt in the way things are explained (use of language to explain to a child versus explaining to an adult). Jude has the knowledge, skills, and training to utilize different techniques to address each individual client needs."

- Gina Alex, Licensed Professional Counselor-Associate, Peace of Mind, Inc.

"She displayed a thirst for knowledge, a desire to learn new methodologies of treatment, and a commitment to ethical and professional care. Mrs. Black has the highest personal and professional standards. She is an excellent clinician and employee that is committed to work and learning. Judith was a wonderful asset for our company. She was a quick learner and able to take things to a new level. She is very reliable and does a great job with all tasks. I would hire her back at any time"

- Jeffrey C. McKay, LCSW; Mobile Crisis Services Director; Therapeutic Alternatives Inc.

"Judith is a hardworking and thorough clinician who proved reliable in crisis situations, thorough and dependable, and willing to seek help and continually learn about challenging clients. She was an invaluable member of the mobile crisis team and showed great skill in providing supportive counseling and crisis intervention in potentially dangerous, critical situations. Her insight and ability to comfort individuals in need is a skill not found in many clinicians."

- David Pate MS, LPC, NCC; Hired Judith as a psychotherapist in 2009 at Therapeutic Alternative Inc.

REFERENCES (CONT.)

"I was most impressed with her ability to deal with potentially difficult issues in a factual yet passionate manner. I enthusiastically recommend Ms. Black to any potential employer or institution of higher education with reservations.

- Mike Bishop, Ph.D.; Core Faculty; Counselor Education, Harold Abel School of Social and Behavioral Sciences

"Jude is a walking demonstration of advocacy and outreach...she has been such a team player and an incredible asset to our group... she is an outstanding counselor and a military spouse who has worked with presenting issues such as PTSD, childhood sexual abuse; deployment and re-deployment issues; grief; couples counseling, and adolescent adjustments. I offer recommendation and endorsement of Ms. Black's clinical expertise and her relationship building qualities".

- Molly VanDuser, MS, Eds, LPC, NCC; Peace of Mind Inc., President

"Judith is a very consciousness person. She is compassionate, understanding and will do everything in her power to back very poor circumstances much easier for everyone involved. She excels at working with people and understanding and carrying burdens for others, so as to make any situation seem better. I would recommend a person like to Judith for just about any position as she is very goal oriented and will not quit on anything! I hope this is helpful in making decisions about Judith's future."

- June Finley, Mother of Wounded Warrior

"Passion, strength of character, articulate, driven, and irrepressible; these traits can only begin to describe Judith... a keenly analytical mind, pays attention to detail, and continuously sought to deepen and enrich both her own and others understanding of a topic. Judith's work ethic is impeccable, and she seeks out responsibility; never ending in her quest to better herself, her profession and the world. These traits in combination with her amazing creativity, and perpetually upbeat nature make her truly a rare person and will serve her well"

- Lori L. Soli Ph.D.; Clinical Coordinator School Counseling, Core Faculty, Capella University

"She helped focus and inspire the agency to be more diligent in a marketing strategy..."

- William Powell MS Eds, MDiv, LPC, NCC; Peace of Mind Inc.

"Twenty-four years as an Army Wife, Jude not only managed her own family because of her husband's multiple deployments, but she volunteered for numerous organizations to support our nation's soldiers and families. Giving of one's self to better those around you is what Jude Black is all about! She participated and assumed leadership roles, in the following organizations: Family Readiness Group, Wounded Warriors, Army Family Team Building, Red Cross, Family Life – Reintegration, Casualty Assistance Response Teams, and USO. Her caring leadership enabled these organizations to provide essential support to soldiers and families having been separated by deployment to Iran and Afghanistan. The skills developed during her volunteering efforts, coupled with her educational achievements makes Jude a 1st round draft choice to join any team."

- Terry Carrico, Colonel (R), Military Police Corps, US Army

